

## How to Backup an ATLAS.ti Mac Project?

To Backup a project in ATLAS.ti Mac, we recommend that you use Time Machine, which is a tool that comes with all Mac computers. You will find it in your Applications folder. It is always a good idea to backup your computer as frequently as once a day.



Alternatively, to only backup the ATLAS.ti project, export the project at the end of each work session:

Project → Export

(Save the exported file in an external drive or in the cloud).

